# Community Garden: Growing from the ground up



First, watch this week's video!

Humility:
Putting others
first by giving up
what you think
you deserve

#### **Memory Verse**

"Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves." Philippians 2:3, NIrV

### **Bible Story**

Palm Sunday / Jesus Washes His Disciples' Feet John 12:9–16; 13:1–17 (Matthew 21:1–11)

## **Bottom Line**

Jesus put others first.

Use this guide to help your family learn how God can help us have humility.

# **Activity**

**Others First** 

#### What You Need:

Large plastic mixing bowl, measuring cup, mixing spoon, measuring tablespoon, cornstarch, dish soap, oil, resealable plastic bag

#### What You Do:

Invite your child to make something with you. Help them measure these ingredients to make soap dough.

- In the mixing bowl, combine:
- Two cups cornstarch
- One cup dish soap
- Three tablespoons oil

Guide your child to stir until the ingredients combine. (The dough will be crumbly.) Knead the dough until it has a smooth, pliable consistency. (If the dough is still crumbly, add a little more oil or soap. If it's sticky, add more cornstarch.)

Have your child spread out the dough onto the counter and shape it into a palm leaf like the ones laid at Jesus' feet as He entered the city during Palm Sunday.

Say, "Jesus rode into town on a donkey. He could have demanded a chariot, but He showed humility, even when people were cheering and calling out for him. Jesus was humble, and He always put people first."

# Talk About the Bible Story

What did Jesus do to His disciples' feet? (He washed them.)

Why was this surprising? (Even though Jesus is God's Son, He still served others and put others first.)

Why is it also surprising that Jesus rode into town on a young donkey? (Because it was a humble thing to do, instead of what people would expect of a king.)

Has anyone ever put you first before? How did it feel?

How can you value others more than yourself?

Parent: Share a personal story about a time when someone put you first. How did it feel?



# **Prayer**

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Jesus, You chose to humble Yourself and wash Your disciples' feet. You chose to humble Yourself and ride into Jerusalem on a young donkey. You are the KING of the universe, but in everything You did, You put others first! Thank You so much, Jesus, for giving up everything You deserved and putting US first. We love You SO much. It's in Your name we pray. Amen."